



PROVIDER & COUNSELOR GUIDEBOOK

*Browse our Providers and Counselors to see
who might be a good fit for you!*

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Deborah Brantly Hunt, APRN-CNS-BC
Child & Adolescent Psychiatric Provider

Deborah Brantly Hunt, APRN-CNS, is an Advanced Practice Registered Nurse and Clinical Nurse Specialist at Pinnacle Care in Tulsa. With more than four decades of experience in mental and behavioral health, she provides thoughtful and experienced psychiatric medication management to help young patients achieve greater stability and wellbeing.



Deborah earned her Master of Science in Psychiatric Nursing from the University of Oklahoma, specializing in Child and Adolescent Psychiatric Mental Health Nursing. She is licensed as an Advanced Practice Registered Nurse and brings over 43 years of experience in the mental health field.

Her clinical focus includes medication management for anxiety, depression, PTSD, schizophrenia, bipolar disorder, and autism. Deborah works primarily with children and adolescents between the ages of 5 and 19, helping families navigate mental health concerns and develop effective treatment plans.

Deborah's approach to care is client-centered and collaborative. She believes that medication management plays an important role in helping reduce symptoms so individuals can fully engage in therapy and develop healthy coping strategies. When working with patients, she focuses on carefully listening to their experiences and identifying medication options that can help support their progress and overall functioning.

She has always been passionate about mental health and has focused on behavioral health throughout her professional career.

Outside of her clinical work, Deborah has a strong interest in music. She also holds an additional degree in Music Education with a minor in French and enjoys both performing and writing music.

A quote that reflects her perspective on life and wellbeing is:

"Life gives us enough challenges to cope with. We don't need to add to them by creating additional ones."

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Hannah-Beth Chapman, PMHNP

Psychiatric Mental Health Nurse Practitioner

Hannah-Beth Chapman, PMHNP, is a board-certified Psychiatric Mental Health Nurse Practitioner serving patients at Pinnacle Care across Tulsa, Enid, and Cushing. With six years of experience in mental and behavioral health, she provides compassionate, evidence-based care to individuals across the lifespan.

Hannah-Beth earned her Master of Science in Nursing from Maryville University and is licensed as a Psychiatric Mental Health Nurse Practitioner. She has clinical experience in both high-acuity emergency care and addiction medicine, giving her a well-rounded perspective in treating complex mental health conditions.

Her clinical areas of focus include addiction, anxiety, and treatment-resistant depression. She provides a comprehensive approach to care, blending psychotherapy with medication management when appropriate to support each patient's individual needs.

Hannah-Beth's approach is collaborative, person-centered, and trauma-informed. She focuses on helping patients build coping skills, improve emotional regulation, and work toward meaningful personal goals. Her care is culturally sensitive and holistic, addressing biological, psychological, and social factors while respecting each individual's values and preferences.

Patients working with Hannah-Beth can expect a warm, nonjudgmental environment and a treatment plan tailored to their goals. She emphasizes clear communication, shared decision-making, and coordination with other providers when appropriate to support long-term recovery and wellbeing.

She was inspired to pursue behavioral health after working in a high-acuity emergency room during the height of the COVID-19 pandemic, where she witnessed the growing need for accessible mental health care.

Originally from Cushing, Oklahoma, Hannah-Beth enjoys spending time outdoors with her family. At home, she shares life with a lively group of animals, including dogs, goats, a horse, and ducks.



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Shereca Henderson, MSN, APRN, PMHNP-BC
Board-Certified Psychiatric Mental Health Nurse Practitioner

Shereca Henderson, MSN, APRN, PMHNP-BC, is a board-certified Psychiatric Mental Health Nurse Practitioner serving patients at Pinnacle Care in Tulsa. With over 12 years of experience in mental and behavioral health, she is dedicated to helping individuals achieve stability, improved functioning, and overall well-being.



Shereca earned her Bachelor of Science in Nursing from Northeastern State University and her Master of Science in Nursing from the University of South Alabama. She is licensed as an Advanced Practice Registered Nurse in Oklahoma and is board-certified as a Psychiatric Mental Health Nurse Practitioner.

Her clinical areas of focus include major depressive disorder, bipolar disorder, schizophrenia, anxiety disorders, PTSD, insomnia, and other mood and behavioral health conditions. She provides comprehensive psychiatric evaluations, diagnosis, and medication management using evidence-based practices tailored to each patient's needs.

Shereca works with adolescents and adults, taking a patient-centered approach to care that emphasizes understanding each individual's unique experiences and goals. She is committed to improving access to quality mental health care and supporting patients in building stability and long-term wellness.

Patients working with Shereca can expect compassionate, professional care in a supportive and respectful environment. She prioritizes clear communication and collaborative treatment planning to ensure each patient feels heard and actively involved in their care.

Outside of her professional work, Shereca is family-oriented, enjoys sports, and is grounded in a strong faith.

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Brenda Richards, MSN-RN, APRNP-CNP, AGNP, PMHNP-BC
Nurse Practitioner

Brenda Richards, APRNP-CNP, AGNP, PMHNP-BC, is a Nurse Practitioner serving patients at Pinnacle Care in Tulsa. With six years of experience in mental and behavioral health, she is dedicated to helping adults and geriatric patients improve their overall mental health and quality of life.

Brenda earned her Bachelor of Science in Business Management from Oklahoma Wesleyan University and her Bachelor of Science in Nursing from Oral Roberts University. She later completed her Master of Science in Nursing in Adult Geriatric Primary Care, along with a Post-Master's Certificate in Primary Mental Health Nurse Practitioner studies, through Regis College. Her educational background reflects her commitment to providing comprehensive, patient-centered care in both primary and behavioral health settings.

Her clinical areas of focus include ADHD, anxiety, depression, personality disorders, OCD, sleep disorders, and women's health-related concerns. She provides medication management along with supportive therapeutic interventions, including talk therapy and cognitive behavioral techniques.

Brenda takes a solution-focused approach to care, emphasizing present challenges and identifying practical strategies to improve daily functioning and overall wellbeing. She works collaboratively with patients to create achievable goals and meaningful progress.

Patients working with Brenda can expect to feel heard, understood, and validated. She prioritizes building a strong, trusting relationship and is committed to supporting individuals as they work toward overcoming challenges and improving their mental health.

Brenda was initially drawn to behavioral health through her transition into psychiatry early in her career and quickly found it to be a rewarding and fulfilling field. She values the meaningful improvements patients can experience with the right treatment and support.

Outside of her professional work, Brenda enjoys staying active through fitness training, swimming, kayaking, cycling, and snorkeling. She also enjoys playing the piano and crocheting. She considers her greatest accomplishment to be her long and happy marriage of over 25 years.

A quote that reflects her perspective is:
"It's never too late to be what you might have been." – George Eliot



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Rhema Baissa, LMFT, RPT™
Licensed Marriage and Family Therapist
Registered Play Therapist™

Rhema Baissa, LMFT, is a Licensed Marriage and Family Therapist at Pinnacle Care in Tulsa. He provides counseling services for children, adolescents, and adults and is committed to helping individuals and families build stronger relationships and navigate life's challenges with greater confidence and understanding.

Rhema earned his Bachelor of Arts in Psychology from Oklahoma State University and his Master of Science in Marriage and Family Therapy from Capella University. He is also a Registered Play Therapist™ and has experience working with a wide range of mental and behavioral health concerns, approaching therapy with a strong focus on relational healing and emotional connection.

His clinical areas of focus include trauma, depression, anxiety, family systems concerns, grief and loss, life transitions, and relationship challenges. Rhema also provides culturally responsive and LGBTQIA2S+ affirming care and works with clients experiencing identity-related concerns or stress related to major life changes.

Rhema incorporates approaches such as family systems therapy and Internal Family Systems (IFS) into his work, helping clients better understand the roles, patterns, and dynamics that influence their emotional well-being, and how to access and live from their true Self.

Clients working with Rhema can expect a supportive and collaborative environment where they are encouraged to explore their experiences, strengthen relationships, and develop healthier patterns for long-term growth.

Outside of his clinical work, Rhema enjoys spending time with family, music, connecting with others, photography, videography, and other forms of creative expression.



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Janice Marr, LCSW

Clinical Director | Licensed Clinical Social Worker

Janice Marr, LCSW, serves as Clinical Director at Pinnacle Care in Tulsa and brings over 43 years of experience in mental and behavioral health. She earned her Bachelor of Science in Sociology and Master of Social Work from Oklahoma State University and the University of Oklahoma and is a Licensed Clinical Social Worker.



Janice works with teens, adults, couples, families, and elderly populations. Her clinical expertise includes anxiety, depression, trauma, bipolar disorder, dissociative issues, addiction, autism, anger, communication challenges, and family systems concerns. She is trained in CBT, DBT, ACT, meditation and mindfulness practices, solution-focused therapy, developmental approaches, and person-centered therapy.

Her counseling philosophy is client-focused and grounded in the belief that individuals are the experts on their own lives. She helps clients gain deeper self-awareness and develop meaningful strategies for change so they can manage life more effectively and achieve their goals. Clients can expect honesty, consistency, and genuine interest in their growth.

Outside of her professional role, Janice enjoys gardening, playing the piano, being outdoors, and spending time with her large family. She is a proud mother, grandmother, and animal lover.

She resonates with the words of Winston Churchill:

"Success is not final, failure is not fatal, it is the courage to continue that counts."

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Jeffrey Rothman, LCSW, MSW
Licensed Clinical Social Worker

Jeffrey Rothman, LCSW, MSW, is a therapist at Pinnacle Care in Tulsa with ten years of experience in mental health. He earned his degree from the University of Oklahoma and is currently a PhD candidate.

Jeffrey works with adults of all ages and specializes in trauma healing, anxiety, depression, addiction, family systems therapy, Jungian psychology, dream interpretation, grief and loss, relationships, career counseling, and mindfulness. He has extensive experience in CBT, DBT, and Mindfulness-Based Stress Reduction.

His approach focuses on helping clients reconnect with their authentic selves and remove barriers rooted in trauma and distorted thinking. Jeffrey believes each person has a unique purpose and works to help clients uncover and move toward that purpose.

Clients can expect strong support and thoughtful challenge as they address the roots of their concerns. Jeffrey's own healing journey and fascination with dreams inspired his work in behavioral health. He enjoys music, movies, meditation, and spiritual reflection.

He resonates with Carl Jung's words:

"The physician heals only to the extent he has healed himself."



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Maria Arellano Rodriguez, LPC ***Licensed Professional Counselor***

Maria Arellano Rodriguez, LPC, provides licensed counseling services for children, teens, and adults at Pinnacle Care in Tulsa. She earned her Bachelor of Education and Master of Human Relations in Clinical Mental Health Counseling from the University of Oklahoma.

With seven years of experience in mental health, Maria specializes in anxiety, depression, grief and loss, trauma, and family systems. She creates a welcoming, nonjudgmental environment where clients feel safe exploring their thoughts, emotions, and behaviors. Her collaborative approach helps clients gain insight into patterns that may be holding them back while developing practical strategies for meaningful change.

Maria is bilingual and fluent in Spanish, allowing her to provide culturally responsive care and serve Spanish-speaking individuals and families with comfort and confidence.

Clients working with Maria can expect compassion, positive reinforcement, thoughtful perspective shifts, and increased self-awareness. She believes that no one is alone and that effective therapy provides hope, empowerment, and lasting growth.

Outside of work, Maria enjoys spending time with her family, cheering on baseball, listening to music, and connecting with friends.

She lives by the quote:

"Hope lies in dreams, in imagination, and in the courage of those who dare to make dreams into reality."



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Sandra Perkins, LPC-Candidate, MA, NCC

Licensed Professional Counselor Candidate

Sandra Perkins, LPC-Candidate, MA, NCC, is a Licensed Professional Counselor Candidate providing virtual counseling services through Pinnacle Care in Tulsa. She works with teens and adults and is dedicated to helping individuals explore identity, meaning, and purpose.

Sandra earned her Master of Arts in Clinical Mental Health Counseling from the University of the Cumberslands, graduating summa cum laude and as a member of Chi Sigma Iota. She also holds a Master of Professional Studies in Organizational Leadership and a Bachelor's degree in Leadership Studies and Historical Studies from Fort Hays State University. She is a National Certified Counselor and a Licensed Professional Counselor Candidate in Oklahoma.

Her clinical areas of focus include career-related concerns, identity, and purpose. Sandra utilizes an existential approach, along with quantum psychotherapy. Her work is supported by a strong understanding of neuroscience and quantum mechanics.

Sandra collaborates with clients to help them find their authentic self, values, and purpose. She provides a nonjudgmental space where individuals can make meaning of their experiences, process choices, and move forward with greater purpose and freewill.

She has a special interest working with individuals experiencing existential dread, grief/pet grief, and those wanting to explore consciousness. She also supports individuals navigating career transitions, burnout, and AI displacement, drawing from her background in leadership and change.

Sandra was inspired to pursue behavioral health by a desire to help individuals accept themselves, grow, and process change. She believes people are more than a list of symptoms and diagnoses; each person determines the meaning of their life.

Outside of her professional work, Sandra enjoys spending time with her two Xoloitzcuintli service dogs and painting.

A quote that reflects her perspective is:

"An abnormal reaction to an abnormal situation is normal behavior." – Viktor Frankl

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Odetta Maria Moore, LPC-S
School Program Director/ LPC Supervisor

Odetta Maria Moore, LPC-S, serves as School Program Director at Pinnacle Care in Tulsa and brings over 14 years of experience in behavioral health. She holds degrees from Langston University, Oral Roberts University, and Leg-i-See Christian University and is a Licensed Professional Counselor Supervisor.



Odetta specializes in trauma, grief, PTSD, anxiety, depression, and oppositional defiance. She is trained in Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, person-centered therapy, psychodynamic therapy, and solution-focused brief therapy. She works with children, adults, families, veterans, couples, and geriatric populations.

Her counseling style is eclectic and individualized. She incorporates faith-based counseling when requested and emphasizes compassion, honesty, and building strong therapeutic relationships. Odetta is passionate about helping individuals who feel stuck, misunderstood, or overwhelmed find clarity and healing.

She was inspired to pursue behavioral health after experiencing personal loss at a young age and dedicating her life to helping others navigate emotional pain and mental health challenges.

Her personal quote reflects her perspective:

"You wouldn't be concerned about what people thought about you if you knew how seldom they did."

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Janine Kay Graff, LPC
Licensed Professional Counselor

Janine Kay Graff, LPC, is a Licensed Professional Counselor serving patients at Pinnacle Care in Tulsa. With over 20 years of experience in the mental and behavioral health field, she is dedicated to helping individuals navigate life's challenges in a supportive, compassionate environment.



Janine earned her Master of Education from Oklahoma City University and her Bachelor of Science degree from the University of Central Oklahoma. Throughout her career, she has worked with individuals facing a variety of mental health concerns and life transitions, helping them develop the skills and confidence needed to move forward.

Her clinical areas of focus include trauma, depression, anxiety, and addiction. Janine utilizes a client-centered approach to counseling, emphasizing empathy, understanding, and collaboration throughout the therapeutic process. She also incorporates mindfulness techniques and guided meditation to support emotional awareness and healthy coping strategies.

Clients working with Janine can expect a safe, nonjudgmental space where they are encouraged to explore their experiences and work toward meaningful change and personal growth.

Janine was inspired to pursue a career in behavioral health after experiencing the positive impact that counseling can have during difficult times earlier in life. This experience continues to shape her dedication to helping others find support, healing, and resilience.

Outside of her professional work, Janine enjoys spending time outdoors, cooking, and being with family.

A quote that reflects her perspective on life and healing is:
"This too shall pass."

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Wynter Smith, LCSW

Licensed Clinical Social Worker

Wynter Smith, LCSW, is a Licensed Clinical Social Worker serving patients at Pinnacle Care in Tulsa. She provides compassionate, client-centered counseling to individuals across the lifespan and is committed to creating a supportive environment where clients feel safe, heard, and empowered in their healing journey.



Wynter earned her Bachelor of Social Work and Master of Social Work from Northeastern State University and holds licensure as a Licensed Clinical Social Worker. She has approximately ten years of experience in the mental and behavioral health field.

Her clinical areas of focus include anxiety, depression, trauma, ADHD, and communication skills development. Wynter incorporates a variety of evidence-based approaches in her work, including Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), mindfulness practices, solution-focused therapy, and client-centered counseling.

Wynter works with clients of all ages and believes that therapy should be a collaborative and welcoming process. She strives to provide a nonjudgmental space where individuals feel comfortable being vulnerable and exploring their thoughts, emotions, and experiences. Her goal is to help clients develop the tools and confidence needed to navigate life's challenges and support their overall wellbeing.

Outside of her professional role, Wynter enjoys spending time with family and caring for her two dogs, Mocha and Bo. She believes strongly in the power of connection and encouragement throughout the healing process.

A quote that reflects her philosophy is:

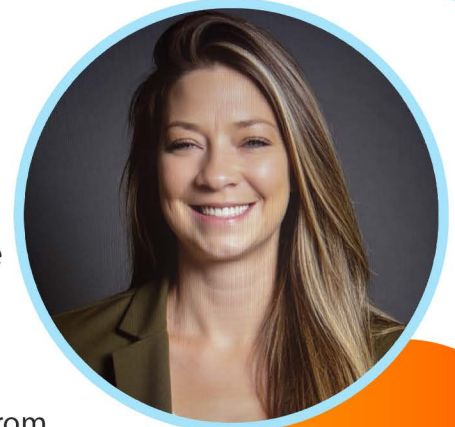
"Healing is a journey that can be hard and sometimes long. Let me walk alongside you to ensure you're not alone. You're doing the work. I'm here to help make sure you have the tools and the pieces needed to complete your puzzle."

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Tiffany Raychelle Shepherd, LCSW ***Licensed Clinical Social Worker***

Tiffany Raychelle Shepherd, LCSW, provides counseling services for teens and adults at Pinnacle Care in Tulsa. With eight years of experience in mental health and substance use treatment, she is passionate about helping individuals navigate life's challenges, build resilience, and discover their own strengths.



Tiffany earned both her Bachelor's and Master's degrees in Social Work from Northeastern State University and is licensed as a Clinical Social Worker. She has experience working with a variety of mental and behavioral health concerns and is committed to helping clients create meaningful and lasting change.

Her clinical areas of focus include trauma and substance abuse. Tiffany utilizes a person-centered approach to therapy, emphasizing authentic connection, collaboration, and meeting clients where they are in their journey. She believes healing occurs when individuals feel seen, heard, and supported in a safe and nonjudgmental environment.

Clients working with Tiffany can expect authenticity, compassion, and a strong therapeutic partnership. She creates a welcoming space where individuals can explore their experiences, gain insight, develop practical coping skills, and work toward the life they want to live.

Tiffany was inspired to pursue a career in behavioral health through her own life experiences and witnessing the struggles faced by those she loves. Her passion is to provide support and guidance for individuals during difficult times while empowering them to recognize their strengths and achieve their goals.

Outside of work, Tiffany enjoys spending time with her husband and two sons, Tytan and Jhett. Much of their family life revolves around youth sports, where she and her husband enjoy coaching basketball and baseball. She also loves traveling, especially trips to the beach and family cruises.

A quote that reflects her perspective on counseling and healing is:

"You don't have to walk through life's challenges alone. Healing happens when we feel seen, heard, and supported."

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Susan McAuliff, EdD, LPC
Licensed Professional Counselor

M. Susan McAuliff, EdD, LPC, provides counseling services for adults at Pinnacle Care in Tulsa. She earned her Bachelor of Science in Christian Counseling, Master of Arts in Professional Counseling, and Doctor of Education in Community Care and Counseling: Traumatology from Liberty University.



Susan specializes in trauma and is trained in EMDR and Cognitive Processing Therapy. She uses a person-centered approach, allowing clients to guide the rhythm and pace of therapy while integrating her expertise in trauma and its effects on the brain and mental health.

Clients can expect respect, collaboration, and empowerment. Susan believes individuals should have the freedom to shape their therapy plans and adjust them as needed. She was inspired to work in behavioral health to better understand trauma and help adults heal from PTSD and complex trauma.

She enjoys spending time with her large family, especially her grandchildren, and loves nature, fishing, and lake life.

She often shares the quote:

"Have patience with all things, but first with yourself."

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